

Grilled Asparagus

Ingredients:

1 bunch	Fresh Asparagus
2 T	Olive Oil
TT	Sea Salt & Pepper

Method:

1. Pre heat the grill or sauté pan until it is very hot.
2. Cut the bottom of the asparagus until only tender green stems are left. Discard the tough ends.
3. Place the asparagus in the oil and toss, coating well.
4. Season with salt and pepper and grill or sauté until they are done.